

IMN ANNUAL CONFERENCE

Social Hour Sessions

October 29 - 6:30 to 7:30 PM ET

Guilty Pleasures & Coping Comforts

We acknowledge the challenges of transitional leadership and share how we cope and care for ourselves by responding to these questions:

- After a rough day, what do you do for self-care?
- What is your favorite response to a difficult situation and how did you come up with that response?
- What is your favorite go-to recipe for comfort and when was this helpful for you?

October 30 and 31 – 11:00 AM to 12:00 PM ET

Open Conversations

Take a moment to grab a snack or lunch and dive into the conversations of the day. This is a judgement-free zone where you can freely share your concerns or celebrate your victories.

October 30 - 6:00 to 7:00 PM ET

BINGO!

We will play, with time permitting 5 bingo games. We will be using an online Bingo card generator from myfreebingocards.com. Each games winner will receive an IMN prize.

Come Join in the Fun!